



# Mary Dean's CE Primary School

Dear Parents and Carers,

**GROWING TOGETHER**



Children's Mental Health Week  
7 - 13 February 2022

Assembly slides for primary-age children

We have had a super week exploring our mental health and well-being.

Children have moved to different classes for two sessions to undertake activities as diverse as opera, rugby, meditation, bulb planting and mindfulness.

They have learned about stepping out of their comfort zone and trying something new.

We have joined together for fabulous karaoke-style singing and raised everyone's spirits as a result. I sincerely hope that everyone has had a good week and been able to spend some time finding something new to make them feel good.

A huge thank you to Ms Luscombe for organising the week and to everyone for offering such a great range of different activities.

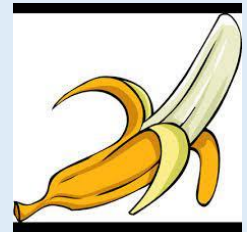
## Year 3 and 4 Football

Our team went along to the finals last week and took a most creditable third place. The children had a great time, scored lots of goals and were fabulous ambassadors for our school. Well done.



## Food in school

Just a reminder. We have a small number of children in school with significant food allergies – especially nut allergies. Please remember to ensure your child does not bring any food items to school that are nut based. This includes the contents of packed lunch boxes, and break time snacks. Thank you.



## Half Term Break

Just a reminder that this half term ends for children on Thursday 17<sup>th</sup> February. Children should not come to school on Friday 18<sup>th</sup>. Children should return to school on Monday 28<sup>th</sup> February. Thank you.

## Sports Clubs

After half term, Mrs Baker will be putting on a cheer dance club after school on a Wednesday for children in Years 3,4,5 and 6. Letters will come out today. Please return your slip to the school office.

After the break, we also expect a basketball club to start with Mr Barbour so please watch out for further details.



*A school family, learning for life in all its fullness*



### Sports Stars

This week, we have a two footballers, a swimmer and a mixed martial arts expert!

Well done everyone

